

WHO DO YOU NEED TO SEE?

There is a national shortage of GPs and locums so it is essential to GPs and the patients of Rothes Medical Practice that they see the right person to treat them. **This is not always the GP.**

Please see the following signposts that list all the clinicians available to patients and the services they provide.

Please ask at reception if you need any more information.

Many thanks.



Practice/Treatment Nurse

- Asthma/COPD
- Diabetes
- CHD
- Stroke
- Smear
- Travel vaccinations
- Baby/pre-school immunisations.
- Adult immunisations
- Oral contraceptive reviews
- Continence assessments
- Dressings
- Ear syringing
- Removal of stitches
- Injections



Health Care Assistant

- Bloods
- Blood pressure
- ECGs
- 24 hr blood pressure
- CKD/PVD Clinics
- Hypertension



Mental Health Nurse Practitioner

- If you need help with any difficulties that are affecting your mental health then you can self refer to see this clinician.



Other Clinicians

- Midwife - for all ante natal care on Friday mornings
- Smoking cessation weekly clinic on Tuesday afternoons
- Optician for all eye conditions- they have correct equipment
- Podiatrist - self refer for feet treatment (except nail cutting)
- Social work department - benefits, care at home, carers support



District Nurses & Health Visitors

- District Nurses provide home nursing care for housebound patients unable to attend the surgery.
- Health Visitors are involved in the health and welfare of children.



Local Pharmacy

- Coughs, colds and sore throats
- Minor skin conditions and acne
- Styes and minor eye infections
- Head lice
- Pain, including backache
- Cold sores
- Diarrhoea/constipation
- Colic
- Thrush
- Advice on travel injections
- Free minor ailment service
(eligible patients only)



Accident & Emergency

- Any accident, injury or fall that may need x-ray, stitches.
- Any problem with foreign bodies in the eye.



NHS 24

- NHS 24 Service is available 24 hours a day for advice. Telephone 111.